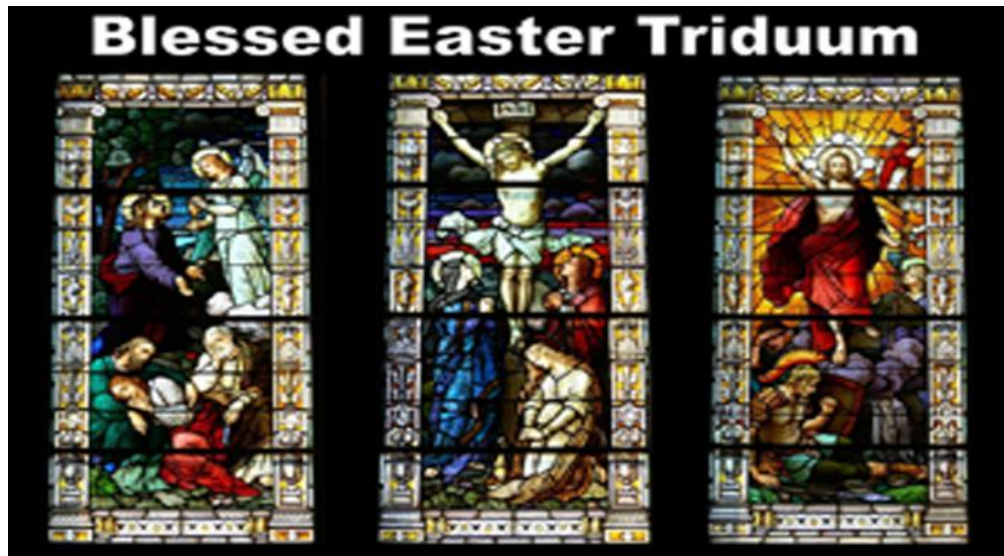


## Important Things We Need to Know about Holy Week & Sacred Triduum

{Just finished watching Pope Francis Holy Thursday Celebration, I'm now joining Msgr. & the Priests of Holy Family to celebrate our own Holy Thursday (Last Supper), win our empty Church, without the people, BUT, y'all are definitely in our prayers, as always}



## Important Things We Need to Know about Holy Week & Sacred Triduum

<<https://www.getfed.com/the-easter-triduum-what-is-it-6028/>> (Courtesy: Gretchen Filz)

Holy Week is the most solemn and glorious week in Christianity, the pinnacle of the liturgical year. It's more sacred than Christmas! This is because Holy Week commemorates the final week of Our Lord's life, the very purpose for which Christmas happened. Holy Week begins with Palm Sunday (when Jesus made his final entrance into Jerusalem) and culminates with [Easter](#) Sunday. As Holy Week progresses to its final days the solemnity heightens to the TRIDUUM.

### THE SACRED TRIDUUM

Sundown on Holy Thursday to sundown on Easter Sunday is considered the most solemn part of the liturgical year. This three-day period is referred to as the *Easter Triduum*, also known as the *Sacred Triduum*, or *Paschal Triduum*. The word "triduum" comes from the Latin word *triduum*, which comes from *tris* ("three") + *dies* ("day"). **Basically, the Sacred Triduum is one great festival recounting the last three days of Jesus' life on earth, the events of his Passion and Resurrection, when the Lamb of God laid down his life in atonement for our sins.** "Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ's Paschal Mystery" (USCCB).

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Again, **One correction about the EASTER TRIDUUM** - the Paschal Triduum (Easter Triduum) ends with Paschal Vespers on Easter Sunday (Evening Prayer). In other words, the Triduum does not end on Holy Saturday, but ends at the end of the day on Easter Sunday. The three days are counted according to the Jewish way of marking time, sunset to sunset. Day 1: Sunset on Holy Thursday to sunset on Good Friday. Day 2: Sunset on Good Friday to sunset on Holy Saturday. Day 3: Sunset on Holy Saturday to sunset on Easter Sunday.

+Have a Blessed Sacred Triduum + The Best Happy Easter Ever+

Sincerely, in union with Prayers, *Fr. Patrick Nsionu*

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