

Holy Family 2022 Lenten Program

*Engage * Reflect *Share * Open Our Hearts

Lent is a time to take stock of where we are on our spiritual journey. It is a moment to check our spiritual bearings and take any action that will keep us moving in the right direction.

Take time this Lent to engage with scripture and reflect on different aspects of your spiritual life with Open Our Hearts. Look at how you live out your faith at home, in your parish, and in the world. Connect at a deeper level with the Sunday gospels and take time every day to reflect and pray.

Holy Family will offer weekly small-group in-person or virtual sessions that include scripture, prayer and reflections along with concrete ways to live out that faith. The parish will supply the Open Our Hearts book by RENEW to participants and the first meetings start on Tuesday 3/1 or Saturday 3/5.

Participation options are as follows:

- Tuesday evenings – In-person from 7pm to 8:15 in the Parish Conference Room. Parishioners Cathy Clarke and Carl Procario-Foley will lead the sessions that start on Tuesday 3/1 and continue through 4/5. The room is well-ventilated, seating will be spaced out and masks are required.
- Saturday Mornings - Virtually with Deacon Don at 10am via Zoom. Don will share the Zoom link and the first Lenten session will start on Saturday, March 5th.
- Virtually with RENEW small groups that attract participants from a regional catholic base on Tuesdays at 4 or 7pm. While not parish-based, these groups are very well-run and eager to welcome Holy Family parishioners. You can sign up for the RENEW groups here <https://pages.renewintl.org/lent22-faith-sharing?hsLang=en>
- Deacon Ray will be offering a Spanish language option and sign up is at the 12:30 Mass.

Please use this Form to sign up for the program or sign up at the masses on the weekend of 2/19 and 2/20, or by email or phone Cathy Clarke at bcpk15nr@yahoo.com (914)738-8077.