

**UPDATED September 2021 Health Self-Screening Requirements
And At-Home Checklist for Employees, Volunteers, Parents, and Young People**

All Employees, Volunteers, Parents, and Young People associated with a parish religious education or youth ministry program will need to complete a health self-check by answering the questions listed below and taking their own temperatures prior to entering the religious education or youth ministry program. This can be done anytime during the day but must be done before attending. A parent or guardian is responsible for completing the daily screening on behalf of their child(ren).

Self-Screening:

Below are the updated self-screening questions that employees, volunteers, parents, and young people are required to answer on the day of the religious education/youth ministry prior to entering into the program.

- a) If you are not yet fully vaccinated, have you been in close or proximate contact in the past 10 days with anyone who has tested positive through a diagnostic test for COVID-19 or who has or had symptoms of COVID-19?
- b) Are you waiting for the results of or have you tested positive through a diagnostic test for COVID-19 in the past 10 days?
- c) Do you have at least one of the following symptoms: cough, shortness of breath, difficulty breathing, new loss of taste or smell?
- d) Do you have at least any of the following symptoms: fever (over 100.0°F or subjective), chills, rigors (shivers), muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion, runny nose?

If the answers are NO to all of the following questions, individuals may enter the program. If you answer YES to any question above you or your young person may not attend the religious education or youth ministry program that week. Please contact a medical professional and your Director/Coordinator of Religious Education or Youth Ministry Coordinator. (Please note temperatures will still be taken onsite.) For young people with chronic illness, only new symptoms or symptoms worse than baseline should be used to fulfill symptom-based exclusion criteria.

Depending upon the answers to the screening questions, you or your young person may need to receive medical clearance and a negative COVID test to return to the program. If you or your young person is sick with a common cold or another ailment not related to COVID-19 and has an approved alternative diagnosis, they should stay home until symptoms subside and you or your young person is fever-free without the aid of a temperature reducing drug.

International & Domestic Travel Vaccinated & Unvaccinated Follow CDC Guidance <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html> <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

By signing below and submitting this form, you acknowledge that you read the above will comply with all requirements. You acknowledge that you will complete the attached checklist on the day of religious education/youth ministry for yourself or your young person for the 2021-2022 Religious Education/Youth Ministry year.

Signature of Parent or Guardian _____ Date: _____

Young Person's Name _____ Grade: _____

PLEASE KEEP THIS PAGE AT HOME - DO NOT RETURN

FOLLOW THESE GUIDELINES TO DETERMINE IF YOUR CHILD IS ABLE TO ATTEND RELIGIOUS EDUCATION OR YOUTH MINISTRY

Parents should take their child's temperature on the day of religious education/youth ministry. If your child has a fever of 100.0 or over, your child should be kept home. A fever is a key symptom of COVID-19. You should ask your child if he/she has any other symptoms of COVID-19 (see below). If your child complains of these symptoms or has a fever, or you answer YES to a question in section two, please keep them home, call your child's doctor, and contact the parish to report your child's absence. **If your child is sick with a common cold or another ailment, your child should stay home until symptoms subside and they are fever-free. Those with symptoms must be tested for COVID-19 before returning to religious education or youth ministry.**

SECTION 1: Symptoms

Consider all that apply:

___ fever or chills – Is fever 100.0°F or higher?

___ sore throat, congestion, or runny nose?

___ new or worsening cough that causes difficulty breathing? (If your child has chronic allergies or an asthmatic cough, is there a change in their cough from baseline?)

___ diarrhea, nausea, or vomiting?

___ onset of severe headache, especially with a fever?

___ fatigue, muscle or body aches; loss of taste or smell?

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. This list does not include all possible symptoms. CDC will continue to update this list as they learn more about COVID-19. <https://www.cdc.gov>.

SECTION 2: Close Contact/Positive Test

_____ Have you/your child had close contact (within 6 feet of an infected person for at least 15 minutes) with a person confirmed positive in the past 10 days?

_____ Are you/your child waiting for the results of or tested positive for COVID-19?

International & Domestic Travel

Vaccinated & Unvaccinated Follow CDC Guidance

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>

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