

“On the seventh day, God had finished all the work of creation he had been doing, so He rested from all his works” (Genesis 2:2).

The need to rest is very necessary, especially, these days we live in a hyper-active world. The noise, pollution, bad climate changes, and personal overloaded life breakdowns, all seem to be yearning for a break, to have some break for the much-needed rest. May we take advantage of the present global “Stay@home” mandate and rest like God.



Let us pray:

“Thank you Lord for the ability to work. Help us to do good works, so that you will see the result as all good. Thank you also for the gift of the time & day of rest. Banish corona virus and all other things that are making our lives restless, stressed, and ill. Banish the evils to a place where they cannot bother us anymore. This is our prayer for the entire humanity, and we trust in you to do it in the best way, and at the best time for each person, through Christ



our Lord - Amen!”