



## A Personal Note by Fr. Patrick Nsionu

### To Holy Family Parishioners, New Rochelle, NY

March 20, 2020

Hello Parishioners of Holy Family, New Rochelle, New York,

“If you can’?” said Jesus. “Everything is possible for one who believes” Mark 9:23.

With the inspiration of our Pastor, Msgr. Dennis P. Keane, be rest assured that you are all in my PRAYERS & PRIVATE MASSES during these trying times, due to the coronavirus closure of all our Churches, and disruption of normal pastoral/social lives, in the entire Country. On March 17<sup>th</sup>, St. Patrick’s Feastday, you were all in my prayers/private mass. Yesterday, the Feastday/Solemnity of St. Joseph (head of the Holy Family), with a few of our Parishioners I could reach on short notice, via Facebook, Vatican News Media & EWTN, we joined Pope Francis, in a global LIVE praying of the Rosary as part of the spiritual/holistic healing and protection from COVID-19, & other ailments; all of you and loved ones were definitely in our intentions. Hang in there, follow the rules and directives of the Medical Professionals, Civil & Church Authorities. This too shall come to pass.

“A cheerful heart is good medicine, but a crushed spirit dries up the bones” Proverbs 17:22.

SHORT PRAYER: “O Lord, you repeatedly told us, ‘Do not be afraid.’ Jesus I trust in you; heal and protect us now and forever” – Amen!!!

Find attached, my favorite CORONA VIRUS PRAYER (full), use & share as you deem fit.

Also, [Formed.org](https://www.formed.org) is a rich Resource Website to join; using the 3<sup>rd</sup> option there, sign in as a Parishioner of Holy Family New Rochelle.

Sealed with Love+Prayer, Sincerely yours ever,

*Fr. Patrick Nsionu* (Parochial Vicar, Holy Family Church, New Rochelle, New York).